2.1.1

Palm Beach and Treasure Coast

SNAPSHOT

Regional

Annual: January — December 2022

Total Contacts: 126,965 **Call Volume** 125.567 **Local Texts & Emails** 1,398 **Web Based Services:** 72,059 **Local and Lifeline Chats** 29,534 Database/Mobile App Visits 42.525 **TOTAL UTILIZATION**

Age of Callers

| Under 18 years old 18 - 59 years old 60+ years old | 2% 33% 21% | | |
|--|------------------|---------|-----|
| | | Unknown | 44% |

TOTAL REFERRALS

PROBLEMS & NEEDS

Housing, 22% Health/Substance Health Care, 7% Other, 8% Individual, Family Legal, Consumer and Support/Assistance, Public Safety and Community Support, 4% Services, 6%

Case of the Quarter

211 is available, 24 hours a day, 7 days a week, to provide crisis intervention and suicide prevention services to all who are struggling with their mental health and thoughts of suicide. Recently, one of our Resource Center Specialists Sony received a call from a young woman named Allie who was in distress. Allie said that she has suffered from depression for years and battles with substance abuse, which has led her to want to end her life. She said that it was her birthday and she felt that she could not stand this pain for another year. Allie had never opened up about these feelings to her family and friends because she felt that if she did she would be burdening them. Sony listened to Allie and empathized with what she was feeling, and Allie promised to stay safe while they talked. After talking for some time, Sony was able to get Allie to open up about things that she enjoyed, including her dog and spending time with her sister. Allie decided that she wanted to get help and agreed to have Sony send the local Psychiatric Mobile Response Team to her house. Sony worked with Allie to develop a safety plan for if she ever felt this way in the future, and Allie promised that she would call 211 if she was ever in distress again. She was so grateful to Sony and the 211 HelpLine for being there for her to listen without judgement and get her connected to the help that she desperately needed.

Please Note: Names and identifying information have been changed to protect privacy.

Types of Calls

199,024

130,979

146,454

Assessment & Referral — 14%

Assessed caller's needs & then provided referrals to meet those needs

Counseling, Assessment & Referral — 39%

Responded to emotional state, assessed caller's needs, & provided referrals

Counseling — 31%

Responded to the emotional state of the caller in addition to assessing needs

Information Only - 9%

Provided basic information such as a phone # or eligibility req. for services

Advocacy/Linkage - 5%

Assisted the caller in navigating the complex & overwhelming health& human services system.

Emergency Intervention/Follow-up -<1%

Unknown-2%

County Breakdown of Calls

| Indian River County | 3% |
|-----------------------------------|-----|
| Martin County | 2% |
| Okeechobee County | 1% |
| Palm Beach County | 39% |
| St. Lucie County | 9% |
| Unknown / Outside of Service Area | 46% |

Problem & Needs Breakdown

211 HelpLine — Regional

| Need Category | Need Count | Percentage |
|--|------------|------------|
| Mental Health/Substance Use Disorders (Includes 4,323 Suicide Related Calls) | 48,916 | 33.40% |
| Housing | 32,304 | 22.06% |
| Utility Assistance | 10,054 | 6.86% |
| Health Care | 9,902 | 6.76% |
| Information Services | 8,549 | 5.84% |
| Legal, Consumer and Public Safety Services | 8,319 | 5.68% |
| Food/Meals | 5,756 | 3.93% |
| Individual, Family and Community Support | 5,685 | 3.88% |
| Income Support/Assistance | 5,005 | 3.42% |
| Other Government/Economic Services | 3,759 | 2.57% |
| Disaster Services | 2,291 | 1.56% |
| Transportation | 1,939 | 1.32% |
| Clothing/Personal/Household Needs | 1,908 | 1.30% |
| Employment | 784 | 0.54% |
| Volunteers/Donations | 550 | 0.38% |
| Education | 433 | 0.30% |
| Arts, Culture and Recreation | 300 | 0.20% |
| Total | 146,454 | 100.00% |

This is an itemization of needs related to Contacts as identified on Page 1.

Top 15 Individual Needs

Mental Health Crisis Lines

Electric Service Payment Assistance

Rent Payment Assistance

Transitional Housing/Shelter

Emergency Shelter Clearinghouses

Suicide Prevention Hotlines

Low Cost Home Rental Listings

COVID-Related

VITA Programs

Food Pantries

Psychiatric Mobile Response Teams

Legal Counseling

Low Income/Subsidized Private Rental Housing

Rental Deposit Assistance

Drug/Alcohol Use Self Evaluation Tools

Top Unmet Needs

Transitional Housing/Shelter

Emergency Shelter Clearinghouses

Rental Deposit Assistance

Rent Payment Assistance

Electric Service Payment Assistance

Homeless Motel Vouchers

Community Shelters

Low Income/Subsidized Private Rental Housing

Home Maintenance and Minor Repair Services

Food Pantries

Low Cost Home Rental Listings

At Risk/Homeless Housing Related Assistance Programs

Gas Money

Drug/Alcohol Use Self Evaluation Tools

VITA Programs

For additional information about this Snapshot, contact Donald Earl, Director of Operations (561) 383-1112 or e-mail donald.earl@211pbtc.org. For all other questions, please call 211.

211PalmBeach.org

211**TreasureCoast**.org

